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| Sr. no | Article heading  | Publication | ISSN No.  | Volume | Month /year  | Author's position | Publication link  |
|--------|--|-------------|-----------|--------|--------------|-------------------|---|
| 1.     | A review on rasa (taste) categories among of herbs in ayurveda about aushadhanirman. | IJIPSR      | 2347-2154 | 7      | Nov-Dec 2019 | 3 <sup>rd</sup>   | Hard copy   |
| 2.     | Upanaha sweda therapy in ayurveda and its effectiveness in joint disorders.          | IAMJ        | 2320-5091 | 7      | Nov-Dec 2019 | 2 <sup>nd</sup>   | <a href="http://www.iamj.in/posts/2019/images/upload/2303_2308.pdf">http://www.iamj.in/posts/2019/images/upload/2303_2308.pdf</a> |
| 3.     | Systemic review on shirodhara and mode of action of takradhara in psoriasis.         | JAIMS       | 2456-3110 | 4      | Nov-Dec 2019 | 1 <sup>st</sup>   | <a href="https://www.jaims.in/index.php/jaims/article/view/782">https://www.jaims.in/index.php/jaims/article/view/782</a>         |